

## **DOCTORS**

### **Blyths Meadow Surgery**

- Trinovantian Way Braintree Essex CM73JN
- 01376 552508

### **Mount Chambers Surgery**

- Mount Chambers 92 Coggeshall Road Braintree Essex CM79BY
- 01376 553415

### **Dr Meesters & Partners**

- 4 Bocking End Braintree Essex CM79AA
- 01376 552474

### **Blandford Medical Centre**

- Mace Avenue Braintree Essex CM72AE
- 01376 347100

### **Dr S Bakewell & Partners**

- Notley Green Great Notley Braintree Essex CM777GS
- 01376 341411

### **Dr Meesters & Partners**

- The Surgery, Broadway Silver End Witham Essex CM83RQ
- 01376 583387

### **Terling Branch**

- The Surgery, Owls Hill Terling Chelmsford Essex CM32PW
- 01376 502108

### **Coggeshall Surgery**

- Stoneham Street Coggeshall Colchester Essex CO61UH
- 01376 561242

## DENTIST

- [\*\*Oakmor Dental Centre\*\*](#)
- 8 Fairfield Road, Braintree, Essex, England - Uk, CM7 3HF
- Tel: 01376 340001
- [\*\*Mohseni, Sanei & Farahani\*\*](#)
- 9c Coggeshall Road, Braintree, Essex, CM7 9DB
- Tel: 01376 330400
- [\*\*Patel & Associates Dental Surgeons\*\*](#)
- St Michael's Lane, Braintree, Essex, CM7 1EY
- Tel: 01376 341259
- [\*\*Du Preez & Fernando\*\*](#)
- 1st Floor, 70-72 Coggeshall Road, Braintree, Essex, CM7 9BY
- Tel: 01376 334999
- [\*\*Gregory\*\*](#)
- 68a High Street, Braintree, Essex, CM7 1JP
- Tel: 01376 552337
- [\*\*Ahmed & Dalamo\*\*](#)
- Noel House, 24 Rayne Road, Braintree, Essex, CM7 2QH
- Tel: 01376 322522
- [\*\*Brodie & Ladva\*\*](#)
- 3 The Square, Notley Green, Great Notley, Braintree, Essex, CM77 7WT
- Tel: 01376 569090

## OTHER SERVICES

### Smoking

- [Mid Essex PCT Stop Smoking Support Service](#)
- St Peters Hospital, 32a Spital Rd, Maldon, Essex, CM9 6EG
- Tel: 0800 085 2113
- [Braintree: Relate Centre Outpost](#)
- CM7 1ES
- Tel: 01245 258 680
- [Halstead Community Mental Health Team](#)
- Halstead Cmht, The Coach House, Halstead, Essex, CO9 IJD
- Tel: 01787 291900
- [Independent Living Advocacy](#)
- 4 Whitelands, Terling Road, Hatfield Peverel, Essex, CM3 2AG
- Tel: 01245 380888
- [The Halstead Centre](#)
- 12 The Centre, The High Street, Halstead, Essex, CO9 2AJ
- Tel: 01787 473340
- [The Old Ivy Chimneys Day Unit](#)
- Hatfield Road, Witham, Essex, CM8 1EN
- Tel: 01376 302700
- [Millrace IT Ltd.](#)
- Units 9&10, Briarsford Ind. Estate, Perry Road, Witham, Essex, CM8 3UY
- Tel: 01376518508
- [Essex Emergency Duty Team](#)
- Ambulance Centre, Broomfield Hospital, Chelmsford, Essex, CM1 7WS
- Tel: 0845 606 1212
- [Mid Essex PCT](#)
- Swift House, Hedgerows Business Park, Colchester Road. Springfield, Chelmsford, Essex, CM2 5PF
- Tel: 01245 398770
- [Chelmsford Primary Care Services](#)
- Swift House, Hedgerows Business Park, Colchester Rd, Springfield, Chelmsford, Essex, CM2 5PF
- Tel: 01245 398770
- [Uttlesford Mind - Befriending](#)
- 46 High Street, Great Dunmow, Essex, CM6 1AN
- Tel: 01371 876641

### Alcohol

- [Meridian Counselling Clinic](#)
- (5.7 miles)
- Meridian Counselling Clinic, Brick Barn Hall, Bluebridge, Colchester Road, Halstead, CO9 2EU
- Tel: 01787 473332
- [Alcoholics Anonymous Essex](#)

- Local helpline number
- Tel: 01245 256147
- [Chelmsford Priory Addiction Treatment Programme](#)
- (9.7 miles)
- Addiction Treatment Programme, Priory Hospital, Stump Lane, Springfield Green, Chelmsford, CM1 7SJ
- Tel: 01245 345345
- [Essex Young People's Drug and Alcohol Service](#)
- Essex Young People's Drug And Alcohol Service, Young People's Drop-in Centre, 114 Springfield Road, Chelmsford, CM2 6LF
- Tel: 01245 493311
- [Mid-Essex Changes Community Drug and Alcohol Team](#)
- Changes Community Drug And Alcohol Team, Units 4 And 5a, Cornell Industrial Estate, Navigation Road, Chelmsford, CM2 6HE
- Tel: 01245 318580
- [Chelmsford Progress Counselling](#)
- Progress Counselling, 7 Grove Road, Chelmsford, CM2 0EY
- Tel: 01245 492525
- [Colchester 9 Oxford Road Alcohol Project](#)
- 9 Oxford Road Alcohol Project, 9 Oxford Road, Colchester, CO3 3HN
- Tel: 01206 546854
- [North East Essex Drug and Alcohol Service](#)
- Needas, Herrick House, 35 East Stockwell Street, Colchester, CO1 1ST
- Tel: 01206 287250

## Sexual Health

- [Carousel Childrens Centre](#)
- Chapel Hill, Braintree, Essex, CM7 3QZ
- Tel: 01376 556864
- Services:

Health Clinic providing free Chlamydia screening kits for under 25s.

- [AG Pharmacy](#)
- (0.7 miles)
- Trinovantian Way, Braintree, Essex, CM7 3JN
- Tel: 01376 345910
- Services:

Pharmacy providing free chlamydia screening for under 25s.

- [Borno Chemist Ltd](#)
- 96 Mount Chambers, Coggeshall Road, Braintree, Essex, CM7 9BY
- Tel: 01376 342232
- Services:

Pharmacy providing free chlamydia screening for under 25s.

- [William Julien Courtauld Hospital GUM Dept](#)

- London Road, Braintree, Essex, CM7 2LJ
- Tel: 0844 556 9601
- Services:

Sexual health clinic. Sexual health testing, treatment, advice & information. HIV/AIDS testing. Free condoms. Emergency contraception. Psychosexual counselling. Appointments necessary.

- [Braintree Family Planning Clinic](#)

- Day Hospital, St Michael's Hospital, Rayne Road, Braintree, Essex, CM7 2QU
- Tel: 01376 556860 / 308541
- Services:

Family Planning Clinic. Provides contraception, emergency contraception, free condoms, pregnancy testing, sexual health advice and referrals for termination of pregnancy. Chlamydia screening available for under 25s.

- [Christchurch Pharmacy](#)

- (1.6 miles)
- Blandford Medical Centre, Mace Avenue, Braintree, Essex, CM7 2AE
- Tel: 01376 328157
- Services:

Pharmacy providing free chlamydia screening for under 25s.

- [Day Lewis Pharmacy](#)

- 9 Market Hill, Coggeshall, Essex, CO6 1TS
- Tel: 01376 561298
- Services:

Pharmacy providing free chlamydia screening for under 25s.

- [AMF Medica](#)

- 52-54 Dorothy Sayers Drive, Witham, Essex, CM8 2LX
- Tel: 01376 512655
- Services:

Pharmacy providing free chlamydia screening for under 25s.

- [Mid-Essex Chlamydia Screening Office](#)

- Local helpline number
- Tel: 01376 302231 or 07900 248718
- Services:

Provides free and confidential chlamydia screening for young people under 25. Testing for chlamydia is easy, you can do it yourself and it's completely confidential.

- [Boots the Chemists](#)

- 42 Newland Street, Witham, Essex, CM8 2AR
- Tel: 01376 513613
- Services:

Pharmacy providing free chlamydia screening for under 25s.

## Weight Loss

- 
- [Slimming World](#)
- (0.3 miles)
- Marks Farm Community Centre, Dunstable Drive, (off Lammas Drive), Braintree, Essex, CM7 3PR
- [Weight Watchers](#)
- Braintree And Bocking Community Centre, Victoria Road, Braintree, ESSEX, CM7 3HN
- Tel: 08457 123000
- [Slimming World](#)
- Town Hall Centre, Opposite Tescos, Fairfield Road, Braintree, Essex, CM7 3YG
- [Weight Watchers](#)
- Town Hall, Market Place, Braintree, ESSEX, CM7 3HG
- Tel: 08457 123000
- [Slimming World](#)
- Crossing Pavillion, Jeffreys Road, Tye Green (crossing), Essex, CM77 8JE
- [Weight Watchers](#)
- Braintree Leisure Centre, Panfield Lane, Braintree, ESSEX, CM7 1FF
- Tel: 08457 123000
- [Weight Watchers](#)
- United Reformed Church, Church Street, Bocking, ESSEX, CM7 5LA
- Tel: 08457 123000
- [Weight Watchers](#)
- Great Notley Garden Village Hall, Great Notley Garden Village, Great Notley, ESSEX, CM77 7UW
- Tel: 08457 123000
- [Slimming World](#)
- Rayne Primary And Nursery Sch, Capel Road, Rayne, Braintree, Essex, CM77 6BZ
- [Weight Watchers](#)
- Great Leighs Village Hall, Boreham Road Great Leighs, Chelmsford, ESSEX, CM3 1NH
- Tel: 08457 123000

## Websites

[\*www.diabetes.org.uk\*](http://www.diabetes.org.uk)

[\*www.CancerResearchUK.org\*](http://www.CancerResearchUK.org)

[www.asthma.org.uk](http://www.asthma.org.uk)

[www.bhf.org.uk](http://www.bhf.org.uk)

[www.drugline.org](http://www.drugline.org)

[www.alcoholhelp.com](http://www.alcoholhelp.com)

[www.bhf.org.uk](http://www.bhf.org.uk) – *British Heart Foundation*

[www.youngpeoplesdrugandalcohol.service.com](http://www.youngpeoplesdrugandalcohol.service.com) - YPDAS

[www.childrenssociety.org.uk](http://www.childrenssociety.org.uk) – *Children's Society*

[www.mind.org.uk](http://www.mind.org.uk) – *Mental Health*

[www.mouldingfutures.co.uk](http://www.mouldingfutures.co.uk) – *Raising Awareness on Mental Health Issues*

[www.essex-fire.gov.uk](http://www.essex-fire.gov.uk)

[www.brainreee.gov.uk](http://www.brainreee.gov.uk) – *Braintree District Council*

[www.autism-anglia.org.uk](http://www.autism-anglia.org.uk)

[www.bdvs.org.uk](http://www.bdvs.org.uk) – *Braintree District Voluntary Support Agency*

[www.mandieholgate.co.uk](http://www.mandieholgate.co.uk) – *Business Womens network*

[bdiff@btinternet.com](mailto:bdiff@btinternet.com) – Braintree District Inter Faith Forum

[www.theministryofparenting.com](http://www.theministryofparenting.com) - *Promoting creativity and support*

[www.redcross.org.uk](http://www.redcross.org.uk)